

# ***Parent Support Webinars***

*Online sessions to equip parents with strategies to support their child with study skills at home.*

# Our Parent Webinar Series

These **60-minute online sessions** are run after school throughout the year to keep parents in the loop with the techniques being taught in our workshops. With **live Q&As** at the end of every webinar, they also give parents the chance to ask any questions they might have about effective studying and exam preparation. **Webinar recordings** are available for parents who might not be able to attend, helping to ensure that no one misses out.

## TERM 1 2025

- JANUARY 29** **GETTING (AND KEEPING) YOUR CHILD MOTIVATED**  
How to help their child develop and maintain a positive approach to studying.
- FEBRUARY 12** **HELPING YOUR CHILD MANAGE THEIR TIME**  
How to support their child in staying organised, meeting deadlines, and balancing school and fun.
- FEBRUARY 26** **HELPING YOUR CHILD IMPROVE THEIR NOTE TAKING**  
What their child's notes should look like and how they can help them study more efficiently.
- MARCH 12** **HELPING IMPROVE YOUR CHILD'S MEMORY**  
How their child's memory works and what they can do to help improve information retention and recall.

## TERM 2 2025

- APRIL 23** **HELPING YOUR CHILD PREPARE FOR EXAMS**  
Maximising exam marks using practice papers and effective revision planning.
- MAY 7** **SUPPORTING YOUR CHILD DURING EXAMS**  
Supporting their child in the run-up to exams by establishing good routines in the days before.
- MAY 21** **MAKING TECHNOLOGY AN ALLY (& NOT THE ENEMY)**  
How to break the tech-procrastination cycle and use apps to motivate their child to study.
- JUNE 4** **HELPING YOUR CHILD MANAGE THEIR TIME**  
How to support their child in staying organised, meeting deadlines, and balancing school and fun.
- JUNE 18** **BUILDING RESILIENCE IN YOUR CHILD**  
How to help their child bounce back from setbacks and navigate challenging times with confidence.

## TERM 3 2025

- JULY 30** **MAKING TECHNOLOGY AN ALLY (& NOT THE ENEMY)**  
How to break the tech-procrastination cycle and use apps to motivate their child to study.
- AUGUST 13** **HELPING YOUR CHILD ALLEVIATE STRESS**  
Advice on starting a dialogue around wellbeing with their child and effective stress management techniques.
- AUGUST 27** **HELPING YOUR CHILD PREPARE FOR EXAMS**  
Maximising exam marks using practice papers and effective revision planning.
- SEPTEMBER 10** **SUPPORTING YOUR CHILD DURING EXAMS**  
Supporting their child in the run-up to exams by establishing good routines in the days before.
- SEPTEMBER 24** **KEEPING YOUR CHILD MOTIVATED DURING EXAMS**  
How to ensure their child stays motivated during exam season, right up to the final hurdle.

## TERM 4 2025

- OCTOBER 22** **HELPING IMPROVE YOUR CHILD'S MEMORY**  
How their child's memory works and what they can do to help improve information retention and recall.
- NOVEMBER 5** **HELPING YOUR CHILD MANAGE THEIR TIME**  
How to support their child in staying organised, meeting deadlines, and balancing school and fun.
- NOVEMBER 19** **BUILDING RESILIENCE IN YOUR CHILD**  
How to help their child bounce back from setbacks and navigate challenging times with confidence.
- DECEMBER 3** **SETTING UP FOR SUCCESS**  
How to help their child set goals for the future and develop a realistic plan to achieve them.

## What Parents Are Saying

Packed full of easy-to-implement practical strategies and advice, our webinars help to support thousands of parents across the country, with over **14,000 attendees** joining the sessions every year.

*'Very informative. Excellent ideas on how to study effectively leading up to exams and **new ideas I can share with my Year 12 Child**. Great structured approach.'*

*'To the point, packed with helpful tips. It's not rocket-science, which means it's **very practical, applicable advice**.'*

*'Super helpful! Well presented, not too much information, **clear guidance and examples**. Nice to see learning webinars that actually show good learning design principles and practices!'*

*'Spot on with how my child relates to study and the strategies were good - **achievable, realistic and not over complicated**.'*

*'A lovely overview to show my kids what they should be concentrating on and how easy it can be, they just need to follow these **simple guidelines** and practice follow through.'*

*'Incredible session. **I wish I had known this content when I was studying**. Excellent presenter - knowledgeable and engaging. Thoroughly enjoyed the session and took a lot away from it. Thank you!'*

*'Great tips to help our child through the daunting time of prepping for exam times, and **a great Q&A session**. The presenter was brilliant and very well prepared and knowledgeable.'*

*'I attended with my son Max who is in year 11 and it gave us lots of really useful information to help get organised for his revision. **I feel more confident now as a parent to help Max** and have already drafted some of the tables you suggested.'*

*'The information content was excellent. It has really given me a starting point to be able to work together with my child to **help prepare for examinations**. Thank you very much.'*

# Free Promotional Materials & Reporting

These sessions help to cement long-lasting change across the entire school community, so the higher the parent attendance the better! To help get as many parents registered for the webinars as possible, we provide each school with a range of promotional materials to share the upcoming sessions. These include **digital flyers, newsletter pages, and copy-and-paste text** for email invites.

At the end of each term, schools also receive an **engagement summary report** including attendance numbers, poll data, and the most common questions from parents. This will include a report to share with parents, complete with resources to help support them in those areas.



# Term 1 Parent Support Series

## *Free Parent Webinars*

*Join us and Elevate Education for FREE 60-minute webinars designed to help you support your child's studies at home.*

**[Click here to Register](#)**

*In Term 1, we'll cover:*

- 1. How to Get (And Keep!) Your Child Motivated**  
- 29<sup>th</sup> January @6:00 (SAST)
- 2. How You Can Help Your Child Manage Their Time**  
- 12<sup>th</sup> February @6:00 (SAST)
- 3. How to Help Your Child Improve Their Note Taking**  
- 26<sup>th</sup> February @6:00 (SAST)
- 4. How You Can Help Improve Your Child's Memory**  
- 12<sup>th</sup> March @6:00 (SAST)



## Register for Elevate's Parent Webinar Series This Term

Elevate Education delivers high-impact workshops to our students that help to develop their study skills, motivation, and exam preparation. Over the next term, you're invited to join their parent webinar series, where you can help **support your child at home by reinforcing the skills they're learning at school.**

### Upcoming Webinars:

*How to Get (And Keep!) Your Child Motivated* – 29th January 6:00pm (SAST)

*How You Can Help Your Child Manage Their Time* – 12th February 6:00pm (SAST)

*How to Help Your Child Improve Their Note Taking* – 26th February 6:00pm (SAST)

*How You Can Help Improve Your Child's Memory* – 12th March 6:00pm (SAST)

Register for the series by clicking the link below and learn some great practical strategies to help support your child this year.

<https://go.elevateeducation.com/zaschoolwebinar>