

Dear King's School Community,

May 2023

Amazing Race.

Thank you for your support at the Amazing Race, last Saturday. King's School sincerely appreciates your support and your attendance at such events.

Our events are family orientated. I.e., we create such opportunities to give families the opportunity to spend some quality time with their children as well as with their extended families. It was really encouraging to see all the Aunties and Uncles and Grandparents actively participating.

We strongly encourage the attendance of all children at our special events as this links to our values of loyalty, support, and commitment.

Please note the raffle forms must be returned, even if they are not filled in. A 'fine' of R 150.00 will be levied for missing raffle forms.

Welcome to Corrine Michaels, temporary Secretary.

Aunty Heather will be away until the 5 June. Corrinne will be temping in her place.

Ascension Day

School will be open on Thursday 18 May. We will be having a special Ascension Day assembly on Thursday and thereafter the normal school day resumes.

Those parents who wish to observe Ascension Day by attending church with their families are more than welcome to keep the children at home for such an observance.

ECD & Foundation Phase conference

As per our previous communication, the Gr RRR – Gr 3 teachers and assistants will be attending a one-day conference in Franschoek on Tuesday 23 May. The school will offer an alternative program since no formal academic work will take place on that day.

ECD Sports Day

The ECD will be hosting a mini sports day at the school on Saturday 3 June. All parents and extended families are invited to share in these wonderful, precious moments of spending quality time with your children. More info to follow.

MID YEAR EXAMS

Yes, it's that time already. the June exams for Gr 4 – 6 will start on 1 June. From 1 June until the end of the term, 23 June, the school will dismiss at 1:00 pm. Please make the relevant transport arrangements.

The term results are a combination of exam marks and school-based assessments. It is therefore important that children are encouraged to work consistently and conscientiously during the term and not just 'study' the exam.

The Foundation Phase [Gr 1 – 3] don't do formal exams, their assessment program runs over a period of a few weeks.

The end-of-term consultations will take place on 21 & 22 June. The respective class teachers will make the relevant arrangements with parents.

Parental involvement in education.

This is a vitally important cog in the holistic development in the child's life. An article in News 24 reveals that 81% of Gr 4's cannot read with comprehension. Reading is one of the most important building blocks in education. Most of the reading practices takes place at home. There is no time in the school day for children to do all the reading they need to do. Parents, sit with your child and listen to them read or read to them. Cultivate a love for reading...

PRIME energy drinks [Disclaimer... this information is what I found on a principals' chat group. Many schools have banned Prime Energy drinks from their schools].

Apparently, Prime also make a Sports Hydration Drink. Below is the ingredient list for those who care:

Filtered Water, Coconut Water from Concentrate, Citric Acid, Dipotassium Phosphate, Tri Magnesium Citrate, Natural Flavor, Sucralose, Beta Carotene for Color, L-Isoleucine, L-Leucine, L-Valine, D-Alpha Tocopheryl Acetate (Vitamin E), Acesulfame Potassium, Retinyl Palmitate (Vitamin a), Zinc Aspartate, Pyridoxine Hydrochloride (Vitamin B-6), Cyanocobalamin (Vitamin B-12).

(At least they're using filtered water).

For those who don't know, Dipotassium Phosphate is a substance made by combining potassium hydroxide with phosphoric acid. The phosphoric acid that makes Coca-Cola so famous for its ability to clean the oil off our engines!

Gets better, "...it has been repeatedly ruled safe by the United States Food and Drug Administration", even though it's main use is as a fertilizer.

Prime Hydration also includes 2 artificial sweeteners, be aware, they cross the blood brain barrier and cause neurological issues long term!

Yours in education

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